



**2022**  
**RULEBOOK**

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(replaces all former versions; updated in January 2022)



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# 1. The EHC

- 1.1 The EHC - **European Handbike Circuit** - is a series of events hosted in the member countries and sanctioned by the European Handcycling Federation (EHF).
- 1.2 Applications for sanctioning must be made direct to the EHF Committee by an EHF member nation on behalf of a race organiser.
- 1.3 An event may be a single race or a series of races within one or more days.
- 1.4 EHC competitions are open for both able-bodied and disabled athletes from all nations.
- 1.5 All participating athletes are subject to the regulations of the EHF. In case of a UCI event, the UCI rules shall apply. In case of contradiction, the UCI rules shall prevail.
- 1.6 All athletes must hold an international valid racing licence from their UCI recognised national cycling federation in UCI EHC races. This license must be presented at all UCI competitions.
- 1.7 Antidoping: Drug tests may be carried out at any EHC competition. The refusal of an athlete to submit to these checks will be treated as if the athlete is tested positive.

## 2. Class Profiles

- 2.1** EHC follows the UCI Paracycling sport class profiles (Paracycling regulations Article 16.5.001, 16.5.002, 16.5.003, 16.5.004, 16.5.005).  
However, EHC has an additional open division, called HO, that includes able-bodied and unclassified athletes.
- 2.2** Since its origin EHC recognises and accepts able-bodies and unclassified Athletes; the Open division is managed according to what is stated in UCI regulation - art 16.2.002.  
HO1 = recumbent bikes  
HO2 = kneeling bikes  
In EHC Series, HO1 and HO2 are merged in one single class (MHO and WHO)
- 2.3** Each division/subdivision is identifiable by the helmet (cover) colour, like noted on the UCI Paracycling regulations Article 16.10.004.
- 2.4** The helmet colour for EHC Open Division HO is black with a yellow stripe.
- 2.5** Able-bodied athletes have the same rights and obligations as disabled athletes.
- 2.6** Open Division Athletes will compete together with H5 Athletes; 1 ranking (HOpen+H5) will be determined.  
(note: in UCI races, HO must race separate from H5/H4...)

## 3. Classification

- 3.1** Every new athlete is responsible for their classification and is responsible to get in contact with the relevant EHF representative on this matter.
- 3.2** Every Athlete must hold a valid UCI/National classification to take part to the EHC competitions in the correct Class.  
Athletes not holding an official classification can ask to receive a temporary classification; in this case it will be taken by the EHF representatives. This classification is only valid on EHC races and as long as the athlete can provide a valid UCI/National classification.
- 3.3** In case the new athlete doesn't ask for the temporary classification, he/she will be classified automatically in division HO.
- 3.4** For more information about UCI classification structure, look at the Paracycling regulations Chapter IV.

## 4. Time Keeping Start Numbers

- 4.1** In all EHC races it is obligatory the use of electronic time keeping system in order to ensure a regular monitoring of the conduct of the race.
- 4.2** The transponder for electronic time keeping must be fixed on the bike according with the instructions by the time keeping company.
  - 4.2.1** In the instance where the timing chip is lost, or there is a malfunction of the timing system, the responsibility lies with the athlete to provide indisputable proof of final placement.
  - 4.2.2** If these issues are encountered during a time trial, there will be no way to calculate an accurate time and the individual athlete will therefore be disqualified.
- 4.3** Organisers are strongly recommended to adopt a photofinish system.
- 4.4** At any EHC race, every rider will have 2 numbers on the helmet (one at each side) and 1 start number on the bike.





## 5. Individual ranking

5.1 Riders get EHC points for place 1 to 50 according to the following table:

Place	Points								
1	200	11	135	21	97	31	66	41	46
2	185	12	131	22	94	32	64	42	44
3	170	13	128	23	91	33	62	43	42
4	165	14	125	24	88	34	60	44	40
5	160	15	122	25	85	35	58	45	38
6	157	16	119	26	82	36	56	46	36
7	154	17	116	27	79	37	54	47	34
8	152	18	113	28	75	38	52	48	32
9	150	19	110	29	72	39	50	49	30
10	140	20	100	30	69	40	48	50	28

5.2 The ranking is based on the brutto-time of electronic time-keeping measurement which is provided by the event organiser.

5.3 Overall Ranking: The annual EHC series of races consist of a number of events. An event may be a single race or a number of races.

The definite number of races which will count for the overall ranking will be announced at the beginning of the race season. The full points are available for each individual race.

The rider that accrues the most points is rewarded with the title “**EHC Champion**” for that year.

To receive the Champion Jersey and the trophy the rider must have participated in minimum **two** EHC events.

5.4 The present points leader gets the Yellow Jersey at the victory ceremony.

5.5 The riders wearing the Champion Jersey are allowed to put their sponsors logos on the jersey, paying attention that EHF-EHC sponsor logos must remain in evidence. Athlete sponsors have not to be in contrast with EHF-EHC sponsors.

5.6 The points leader only loses the jersey if their next competitor gets more points in the overall ranking.

5.7 Any athlete, who changes from one division to another during the race season for whatever reason, cannot carry their points across. This also applies to athletes who have yet to attain their final decision on classification.

## 6. Handbike equipment

6.1 EHC-rule on handbike equipment corresponds to UCI Para-cycling regulations Chapter XVI.

## 7. Safety

7.1 In road races, the wearing of a rigid safety helmet, to international UCI standard for cycle racing, is compulsory for all athletes. **No helmet – no start!**

Athletes using the wrong color helmet in road races will not be allowed to start and/or will be withdrawn from the race and disqualified.

7.2 Aerodynamic time-trial helmets are only permitted in time-trials.

7.3 Race approval of a handcycle may be denied, if certain parts on an athletes handcycle could potentially endanger the rider or their competitors.

7.4 If a handcycle is damaged during the race & potentially doesn't fulfil equipment regulations:

- a. the athlete is obliged to stop to repair their equipment or to abandon.
- b. the organiser is entitled to stop the athlete for repair or to abandon them from the race

## 8. Races

**8.1** The EHC offers different types of races:

- a. Road Race (RR)
- b. Criterium (CRIT)
- c. Individual Time Trial (ITT)

**8.2** In RR and CRIT, starting position will be as follow:

- 1.- 10. position: EHC overall ranking list until place 10.
10. – 14. position: wellknown fast riders off top 10 ranking.
15. – 20. position: Athletes selected by Local Organiser criteria.

All riders are obliged to be present at the starting line 15 minutes before the start, otherwise they have to start at the end of the division.

**8.2.1** In UCI sanctioned EHC races, the starting order will be as follows:

1. position: World Champion.
2. position: Winner of the previous edition.
3. – 14. position: Top 10 EHC overall ranking
15. – 20. position: Athletes selected by Local Organiser criteria

**8.3** In RR and CRIT, between each division start (MH5 – MH4 – MH3 – MH1+MH2 mixed - WH1-5 - M/WHO) there has to be a break of at least one minute. It is also possible to organise a separate race for each division.

**8.4** For events not UCI sanctioned, in case of few athletes the Organiser can join the start in RR and CRIT of the MH5 with MHO and WH5 with WHO divisions. In any case, points and prize-money must be assigned to each single division.

**8.5** It is forbidden to draft behind riders from another division or behind athletes from another category. The drafting zone is 6,0 metres long. Notice: Drafting is allowed between different classes which started in the same starting block.

## 9. Penalties

- 9.1** In UCI sanctioned EHC competitions any participant who commits an infraction of regulations will be subject to the disciplinary procedures and sanctions of the UCI.
- 9.2** In EHC races that are not UCI sanctioned the EHF Jury will decide about appropriate penalties.

## 10. Prizemoney

- 10.1** The prizemoney after each event will be distributed according to Appendix A
- 10.2** At the end of the EHC series, the EHF Committee will distribute prizemoney for the best places in the overall ranking.  
The prizemoney for the overall ranking will only be distributed after participating at minimum **two** EHC events.  
Overall prizemoney will be published during the season, with enough time for a correct information in favour of the athletes.
- 10.3** Non-participation at the victory ceremony, for each race or for the EHC Overall Ranking, will cause loss of prizemoney for the benefit of the EHF.
- 10.4** Should the ranking be rectified, prizes already awarded shall be returned and given to the entitled athletes according to the revisited rankings.

# 11. U23 Athletes

- 11.1 EHF encourage participation of U23 Athletes at the EHF Series since it is a good chance to develop new skills, racing with expert Athletes and Champions
- 11.2 EHF sets up a dedicated U23 overall ranking; The best ranked U23 athlete of each division in the overall ranking will receive U23 trophies and the EHC Champion jersey.



## 12. Exclusion of liability

**12.1** With the participation to one or more races and additional events of the EHC, the Athlete acknowledges the liability-exclusion of the EHF-Committee or of involved third-party for personal or material damage, before, during and after the competition.



# Appendix A

## Distributing chart of prizemoney

- Value and distribution of the prizemoney depends on the number of athletes starting in each class
- This is the minimum prizemoney which can be expected; the event organizer is free to pay more

Starters x cat	1 to 10	11 to 20	21+
<i>Prize Schema</i>	<i>S.1</i>	<i>S.2</i>	<i>S.3</i>
<b>Place &amp; Prize</b>	<b>€</b>	<b>€</b>	<b>€</b>
<b>1</b>	75	100	150
<b>2</b>	50	75	120
<b>3</b>	25	60	100
<b>4</b>	25	50	75
<b>5</b>		25	60
<b>6</b>		25	50
<b>7</b>			25
<b>8</b>			25
<b>9</b>			25
<b>10</b>			25
<b>Total x cat</b>	<b>175</b>	<b>335</b>	<b>655</b>

- All classes get the same prizemoney depending on the number of participants
- The prizemoney must be paid to each Athlete during the ceremony, even though there are less than 4 participants
- In case of a **single event** (an event with only a TT or a RR or a CRIT), prizemoney must be distributed **1 time**
- In case of a **multiple event** (an event with 2 or more races), prizemoney must be distributed **1 time**, according to the combined ranking out of the 2 or more scheduled races

**Note:** The prize money will be distributed according to Rule § 10



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European Handcycling Federation

